



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

#### Harrendorf, Hans-Jürgen

Club: Skiclub Beckum

Number: 1078

Course: 21.10 km

Halbmarathon

Category:

Männer M65

Total time: 1:58:34

Speed: 10.63 km/h

Running performance: 5:37 min/km

Rank in course/Total: 78 (of 113)

Rank in course/Men: 64 (of 90)

Best time in course: 1:16:59

Rank in category: 1(of 1)

Best time in the category: 1:58:34