



# 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

## Detailed evaluation

Hildebrand, Markus

Number: 1117

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:58:53

Speed: 10.60 km/h

Running performance: 5:38 min/km

Rank in course/Total: 80 (of 113)

Rank in course/Men: 66 (of 90)

Best time in course: 1:16:59

Rank in category: 12(of 15)

Best time in the category: 1:16:59