



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Schröer, Gerhard

Club: Heiden
Number: 1083

Course: 21.10 km
Halbmarathon

Category:
Männer M55

Total time: 2:03:16

Speed: 10.22 km/h
Running performance: 5:50 min/km

Rank in course/Total: 83 (of 113)

Rank in course/Men: 69 (of 90)

Best time in course: 1:16:59

Rank in category: 5(of 8)

Best time in the category: 1:37:46