



31. Warendorfer Emssee-Lauf
Warendorf / 04.09.2010

Detailed evaluation

Kolter, Cedric

Club: Westkirchen

Number: 1033

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 2:06:06

Speed: 9.99 km/h

Running performance: 5:59 min/km

Rank in course/Total: 88 (of 113)

Rank in course/Men: 73 (of 90)

Best time in course: 1:16:59

Rank in category: 6(of 6)

Best time in the category: 1:26:43