



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Kaiser, Daniel

Club: Laufftreff R(h)einknaller

Number: 1029

Course: 21.10 km

Halbmarathon

Category:

Männer M20

Total time: 2:16:40

Speed: 9.22 km/h

Running performance: 6:29 min/km

Rank in course/Total: 98 (of 113)

Rank in course/Men: 80 (of 90)

Best time in course: 1:16:59

Rank in category: 12(of 12)

Best time in the category: 1:32:12