



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Sattler, Beate

Number: 1010

Course: 21.10 km

Halbmarathon

Category:

Frauen W50

Total time: 2:17:44

Speed: 9.15 km/h

Running performance: 6:32 min/km

Rank in course/Total: 99 (of 113)

Rank in course/Women: 19 (of 23)

Best time in course: 1:30:57

Rank in category: 3(of 4)

Best time in the category: 1:35:59