



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Hüsing, Carin

Club: Warendorf

Number: 1074

Course: 21.10 km

Halbmarathon

Category:

Frauen W45

Total time: 2:20:09

Speed: 8.99 km/h

Running performance: 6:38 min/km

Rank in course/Total: 101 (of 113)

Rank in course/Women: 20 (of 23)

Best time in course: 1:30:57

Rank in category: 3(of 5)

Best time in the category: 1:30:57