



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Moeller, Karl-Heinz

Club: Drensteinfurt

Number: 1014

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 2:23:21

Speed: 8.79 km/h

Running performance: 6:47 min/km

Rank in course/Total: 105 (of 113)

Rank in course/Men: 85 (of 90)

Best time in course: 1:16:59

Rank in category: 13(of 14)

Best time in the category: 1:25:22