



## 31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

### Detailed evaluation

**Ahmerkamp, Amelie**

Club: Overbergschule

Number: 252

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler D

Total time: 13:34

Speed: 8.85 km/h

Running performance: 5:54 min/km

Rank in course/Total: 104 (of 158)

Rank in course/Women: 41 (of 74)

Best time in course: 9:38

Rank in category: 19(of 38)

Best time in the category: 9:38