



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Kischel, Paul

Club: Lg Ems Warendorf

Number: 362

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler C

Total time: 9:10

Speed: 15.05 km/h

Running performance: 3:59 min/km

Rank in course/Total: 3 (of 158)

Rank in course/Men: 3 (of 84)

Best time in course: 8:31

Rank in category: 1(of 23)

Best time in the category: 9:10