



31. Warendorfer Emssee-Lauf  
Warendorf / 04.09.2010

Detailed evaluation

Frielingsdorf, Leon

Club: WSU

Number: 333

Course: 2.30 km

Schülerlauf

Category:

männliche Schüler C

Total time: 9:21

Speed: 12.83 km/h

Running performance: 4:04 min/km

Rank in course/Total: 7 (of 158)

Rank in course/Men: 7 (of 84)

Best time in course: 8:31

Rank in category: 3(of 23)

Best time in the category: 9:10