



31. Warendorfer Emssee-Lauf

Warendorf / 04.09.2010

Detailed evaluation

Hampel, Laura

Club: LSF Münster

Number: 241

Course: 2.30 km

Schülerlauf

Category:

weibliche Schüler C

Total time: 10:50

Speed: 11.08 km/h

Running performance: 4:43 min/km

Rank in course/Total: 45 (of 158)

Rank in course/Women: 10 (of 74)

Best time in course: 9:38

Rank in category: 3(of 20)

Best time in the category: 10:42