



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Schröder, Peter**

Club: Osterweddingen

Number: 587

Course: 10.00 km

Ilsesteinlauf

Category:

Männer M55

Total time: 57:17

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 92 (of 135)

Rank in course/Men: 70 (of 85)

Best time in course: 34:06

Rank in category: 8(of 8)

Best time in the category: 38:30

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	29:18	7:08	7	10:08	74	12:43	4.10	29:18	7:08	7	10:08	38	3:01	
Lap 1	1.60	8:17	5:10	6	2:34	62	3:14	5.70	37:35	6:35	7	12:42	38	3:12	
Last lap Finish	4.30	19:42	4:34	6	6:05	64	7:15	10.00	57:17	5:43	8	18:47	70	23:11	