



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Hentrich, Iris

Club: Frauensportgruppe

Number: 923

Course: 10.00 km

Ilsestein-Walking

Category:

Walking Frauen

Total time: 1:29:29

Speed: 6.71 km/h

Running performance: 8:57 min/km

Rank in course/Total: 11 (of 13)

Rank in course/Women: 10 (of 11)

Best time in course: 1:23:56

Rank in category: 10(of 11)

Best time in the category: 1:23:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	40:26	9:51	7	2:01	7	2:01	4.10	40:26	9:51	10	1:52	10	1:52
Lap 1	1.60	fehlt!	-	-	-	-	-	5.70	-	-	-	-	-	-
Last lap Finish	4.30	49:03	11:24	10	3:41	10	3:41	10.00	1:29:29	8:56	9	5:33	9	5:33