



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Hofmann, Oliver

Club: SK Lister Turm

Number: 633

Course: 10.00 km

Ilsesteinlauf

Category:

Männer M35

Total time: 1:00:08

Speed: 9.98 km/h

Running performance: 6:01 min/km

Rank in course/Total: 110 (of 135)

Rank in course/Men: 75 (of 85)

Best time in course: 34:06

Rank in category: 5(of 7)

Best time in the category: 41:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:48	7:30	6	10:41	77	14:13	4.10	30:48	7:30	5	10:41	22	4:31
Lap 1	1.60	8:59	5:36	5	2:47	71	3:56	5.70	39:47	6:58	5	13:28	22	5:24
Last lap Finish	4.30	20:21	4:43	5	5:27	71	7:54	10.00	1:00:08	6:00	5	18:30	75	26:02