



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Hesse, Jörn

Club: Delligser SC

Number: 89

Course: 27.00 km

Brockenlauf

Category:

Männer M35

Total time: 1:48:33

Speed: 14.92 km/h

Running performance: 4:01 min/km

Rank in course/Total: 4 (of 403)

Rank in course/Men: 4 (of 355)

Best time in course: 1:44:00

Rank in category: 2(of 39)

Best time in the category: 1:46:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	41:13	4:34	2	1:08	6	2:05	9.00	41:13	4:34	22		4	2:05
Brocken	3.00	19:42	6:33	2	0:16	5	0:55	12.00	1:00:55	5:04	22		4	2:33
Finish	15.00	47:38	3:10	2	0:10	4	2:00	27.00	1:48:33	4:01	2	1:34	4	4:33