



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Giesler, Christian

Club: Dets Raceteam

Number: 93

Course: 27.00 km

Brockenlauf

Category:

Männer M30

Total time: 1:49:23

Speed: 14.81 km/h

Running performance: 4:03 min/km

Rank in course/Total: 5 (of 403)

Rank in course/Men: 5 (of 355)

Best time in course: 1:44:00

Rank in category: 1(of 22)

Best time in the category: 1:49:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	39:09	4:20	1	-	2	0:01	9.00	39:09	4:20	12		3	0:01
Brocken	3.00	19:31	6:30	1	-	4	0:44	12.00	58:40	4:53	12		5	0:18
Finish	15.00	50:43	3:22	1	-	9	5:05	27.00	1:49:23	4:03	1	-	5	5:23