



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

Müller, Holger K.

Club: Braunschweig

Number: 72

Course: 27.00 km

Brockenlauf

Category:

Männer M30

Total time: 1:56:15

Speed: 13.94 km/h

Running performance: 4:19 min/km

Rank in course/Total: 11 (of 403)

Rank in course/Men: 11 (of 355)

Best time in course: 1:44:00

Rank in category: 2(of 22)

Best time in the category: 1:49:23

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	43:17	4:48	3	4:08	13	4:09	9.00	43:17	4:48	22			11	4:09
Brocken	3.00	21:33	7:11	3	2:02	13	2:46	12.00	1:04:50	5:24	22			11	6:28
Finish	15.00	51:25	3:25	2	0:42	12	5:47	27.00	1:56:15	4:18	2	6:52		11	12:15