



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

### Özdemir, Alpay

Club: LAV Alfeld

Number: 612

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 1:56:49

Speed: 13.87 km/h

Running performance: 4:20 min/km

Rank in course/Total: 12 (of 403)

Rank in course/Men: 12 (of 355)

Best time in course: 1:44:00

Rank in category: 3(of 61)

Best time in the category: 1:44:00

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	42:55	4:46	3	3:47	12	3:47	9.00	42:55	4:46	34		12	3:47
Brocken	3.00	22:31	7:30	4	3:17	24	3:44	12.00	1:05:26	5:27	34		12	7:04
Finish	15.00	51:23	3:25	3	5:45	11	5:45	27.00	1:56:49	4:19	3	12:49	12	12:49