



40. Brockenlauf 2010

Ilsenburg / 04.09.2010

Detailed evaluation

Knauer, Daniel

Club: Brockenlaufv. 1927 Ilsenburg

Number: 58

Course: 27.00 km

Brockenlauf

Category:

Männer M30

Total time: 1:57:03

Speed: 13.84 km/h

Running performance: 4:20 min/km

Rank in course/Total: 13 (of 403)

Rank in course/Men: 13 (of 355)

Best time in course: 1:44:00

Rank in category: 3(of 22)

Best time in the category: 1:49:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	43:48	4:51	4	4:39	16	4:40	9.00	43:48	4:51	21			13	4:40
Brocken	3.00	21:41	7:13	5	2:10	17	2:54	12.00	1:05:29	5:27	21			13	7:07
Finish	15.00	51:34	3:26	3	0:51	13	5:56	27.00	1:57:03	4:20	3	7:40		13	13:03