



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Medenwald, Daniel**

Club: KRC Aschersleben

Number: 625

Course: 27.00 km

Brockenlauf

Category:

Männer M20

Total time: 1:57:52

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course/Total: 14 (of 403)

Rank in course/Men: 14 (of 355)

Best time in course: 1:44:00

Rank in category: 3(of 23)

Best time in the category: 1:47:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	41:54	4:39	3	2:45	9	2:46	9.00	41:54	4:39	22			14	2:46
Brocken	3.00	21:09	7:02	3	2:22	11	2:22	12.00	1:03:03	5:15	22			7	4:41
Finish	15.00	54:49	3:39	6	4:52	31	9:11	27.00	1:57:52	4:21	3	9:59		14	13:52