



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Hoffmann, Matthias

Club: LT Oker

Number: 401

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 1:58:34

Speed: 13.66 km/h

Running performance: 4:23 min/km

Rank in course/Total: 17 (of 403)

Rank in course/Men: 17 (of 355)

Best time in course: 1:44:00

Rank in category: 4(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	45:04	5:00	4	2:58	21	5:56	9.00	45:04	5:00	67			17	5:56
Brocken	3.00	21:53	7:17	4	0:56	19	3:06	12.00	1:06:57	5:34	67			17	8:35
Finish	15.00	51:37	3:26	4	4:21	14	5:59	27.00	1:58:34	4:23	4	8:15		17	14:34