



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Hoffmann, Matthias**

Club: LT Oker

Number: 401

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 1:58:34

Speed: 13.66 km/h

Running performance: 4:23 min/km

Rank in course/Total: 17 (of 403)

Rank in course/Men: 17 (of 355)

Best time in course: 1:44:00

Rank in category: 4(of 92)

Best time in the category: 1:50:19

### Intermediate times

### Stage score

### Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |       |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|
|                |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |       |
| Hermannsklippe | 9.00        | 45:04         | 5:00            | 4           | 2:58           | 21          | 5:56          | 9.00          | 45:04         | 5:00            | 67          |                |            | 17            | 5:56  |
| Brocken        | 3.00        | 21:53         | 7:17            | 4           | 0:56           | 19          | 3:06          | 12.00         | 1:06:57       | 5:34            | 67          |                |            | 17            | 8:35  |
| Finish         | 15.00       | 51:37         | 3:26            | 4           | 4:21           | 14          | 5:59          | 27.00         | 1:58:34       | 4:23            | 4           | 8:15           |            | 17            | 14:34 |