



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Müller, Steffen**

Club: Hildesheim

Number: 143

Course: 27.00 km

Brockenlauf

Category:

Männer M20

Total time: 1:59:54

Speed: 13.51 km/h

Running performance: 4:26 min/km

Rank in course/Total: 19 (of 403)

Rank in course/Men: 19 (of 355)

Best time in course: 1:44:00

Rank in category: 4(of 23)

Best time in the category: 1:47:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	44:41	4:57	4	5:32	18	5:33	9.00	44:41	4:57	21			19	5:33
Brocken	3.00	22:00	7:19	5	3:13	20	3:13	12.00	1:06:41	5:33	21			19	8:19
Finish	15.00	53:13	3:32	3	3:16	23	7:35	27.00	1:59:54	4:26	4	12:01		19	15:54