



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Hedderich, Thomas

Club: Hüttenröder SV

Number: 145

Course: 27.00 km

Brockenlauf

Category:

Männer M20

Total time: 2:00:30

Speed: 13.44 km/h

Running performance: 4:28 min/km

Rank in course/Total: 21 (of 403)

Rank in course/Men: 21 (of 355)

Best time in course: 1:44:00

Rank in category: 5(of 23)

Best time in the category: 1:47:53

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Hermannsklippe	9.00	45:39	5:04	6	6:30	25	6:31	9.00	45:39	5:04	20		20	6:31
Brocken	3.00	21:38	7:12	4	2:51	16	2:51	12.00	1:07:17	5:36	20		21	8:55
Finish	15.00	53:13	3:32	3	3:16	23	7:35	27.00	2:00:30	4:27	5	12:37	21	16:30