



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Tronnier, Mathias

Club: RSV Osterweddingen

Number: 271

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:01:07

Speed: 13.38 km/h

Running performance: 4:29 min/km

Rank in course/Total: 25 (of 403)

Rank in course/Men: 25 (of 355)

Best time in course: 1:44:00

Rank in category: 5(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Hermannsklippe	9.00	43:45	4:51	4	4:37	15	4:37	9.00	43:45	4:51	36		25	4:37
Brocken	3.00	21:49	7:16	3	2:35	18	3:02	12.00	1:05:34	5:27	36		25	7:12
Finish	15.00	55:33	3:42	7	9:55	37	9:55	27.00	2:01:07	4:29	5	17:07	25	17:07