



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Kaluza, Ralf**

Club: Potsdamer Laufclub

Number: 262

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:03:09

Speed: 13.15 km/h

Running performance: 4:34 min/km

Rank in course/Total: 27 (of 403)

Rank in course/Men: 27 (of 355)

Best time in course: 1:44:00

Rank in category: 7(of 92)

Best time in the category: 1:50:19

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	45:53	5:05	6	3:47	28	6:45	9.00	45:53	5:05	64		27	6:45
Brocken	3.00	24:07	8:02	10	3:10	45	5:20	12.00	1:10:00	5:49	64		27	11:38
Finish	15.00	53:09	3:32	6	5:53	22	7:31	27.00	2:03:09	4:33	7	12:50	27	19:09