



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Braune, Mario

Club: Volkslaufgem. 1991 Magdeburg

Number: 327

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:08:24

Speed: 12.62 km/h

Running performance: 4:46 min/km

Rank in course/Total: 37 (of 403)

Rank in course/Men: 37 (of 355)

Best time in course: 1:44:00

Rank in category: 10(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	48:27	5:23	12	6:21	44	9:19	9.00	48:27	5:23	61		37	9:19
Brocken	3.00	24:04	8:01	9	3:07	44	5:17	12.00	1:12:31	6:02	61		37	14:09
Finish	15.00	55:53	3:43	13	8:37	41	10:15	27.00	2:08:24	4:45	10	18:05	37	24:24