



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Pyka, Steffen

Club: Volkssport Börnecke

Number: 619

Course: 27.00 km

Brockenlauf

Category:

Männer M35

Total time: 2:08:50

Speed: 12.57 km/h

Running performance: 4:46 min/km

Rank in course/Total: 41 (of 403)

Rank in course/Men: 41 (of 355)

Best time in course: 1:44:00

Rank in category: 8(of 39)

Best time in the category: 1:46:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Hermannsklippe	9.00	47:58	5:19	8	7:53	38	8:50	9.00	47:58	5:19	28		41	8:50
Brocken	3.00	25:00	8:20	8	5:34	60	6:13	12.00	1:12:58	6:04	28		41	14:36
Finish	15.00	55:52	3:43	7	8:24	40	10:14	27.00	2:08:50	4:46	8	21:51	41	24:50