



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Matscheroth, Ingo

Club: Wernigerode

Number: 134

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:09:05

Speed: 12.55 km/h

Running performance: 4:47 min/km

Rank in course/Total: 43 (of 403)

Rank in course/Men: 43 (of 355)

Best time in course: 1:44:00

Rank in category: 12(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	48:25	5:22	11	6:19	43	9:17	9.00	48:25	5:22	47		43	9:17
Brocken	3.00	25:20	8:26	19	4:23	71	6:33	12.00	1:13:45	6:08	47		43	15:23
Finish	15.00	55:20	3:41	11	8:04	36	9:42	27.00	2:09:05	4:46	12	18:46	43	25:05