



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Otto, Steffen

Club: Rennsteiglaufverein

Number: 263

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:09:12

Speed: 12.54 km/h

Running performance: 4:47 min/km

Rank in course/Total: 44 (of 403)

Rank in course/Men: 44 (of 355)

Best time in course: 1:44:00

Rank in category: 7(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Hermannsklippe	9.00	48:05	5:20	6	8:57	39	8:57	9.00	48:05	5:20	38		44	8:57
Brocken	3.00	24:29	8:09	12	5:15	53	5:42	12.00	1:12:34	6:02	38		44	14:12
Finish	15.00	56:38	3:46	9	11:00	46	11:00	27.00	2:09:12	4:47	7	25:12	44	25:12