



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Mengert, Lothar

Club: LG Osterwiek

Number: 390

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 2:11:00

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 51 (of 403)

Rank in course/Men: 51 (of 355)

Best time in course: 1:44:00

Rank in category: 5(of 54)

Best time in the category: 2:08:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Hermannsklippe	9.00	50:06	5:33	6	2:25	60	10:58	9.00	50:06	5:33	32		51	10:58
Brocken	3.00	24:45	8:15	7	2:12	58	5:58	12.00	1:14:51	6:14	32		51	16:29
Finish	15.00	56:09	3:44	1	-	43	10:31	27.00	2:11:00	4:51	5	2:33	51	27:00