



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Klemme, Jürgen

Club: LG TuS Lügde

Number: 539

Course: 10.00 km

Ilsesteinlauf

Category:

Männer M40

Total time: 37:58

Speed: 15.80 km/h

Running performance: 3:48 min/km

Rank in course/Total: 10 (of 135)

Rank in course/Men: 9 (of 85)

Best time in course: 34:06

Rank in category: 1(of 9)

Best time in the category: 37:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Ilsestein	4.10	19:17	4:42	1	-	13	2:42	4.10	19:17	4:42	1	-	56		
Lap 1	1.60	5:43	3:34	2	0:01	9	0:40	5.70	25:00	4:23	1	-	56		
Last lap Finish	4.30	12:58	3:00	1	-	5	0:31	10.00	37:58	3:47	1	-	9	3:52	