



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Bittner, Holger

Club: Brockenlaufv. 1927 Ilseburg

Number: 51

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:14:32

Speed: 12.04 km/h

Running performance: 4:59 min/km

Rank in course/Total: 69 (of 403)

Rank in course/Men: 68 (of 355)

Best time in course: 1:44:00

Rank in category: 20(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	51:06	5:40	23	9:00	72	11:58	9.00	51:06	5:40	51		68	11:58
Brocken	3.00	25:09	8:22	18	4:12	65	6:22	12.00	1:16:15	6:21	51		68	17:53
Finish	15.00	58:17	3:53	22	11:01	70	12:39	27.00	2:14:32	4:58	20	24:13	68	30:32