



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Menz, Britta

Club: LLG St.Augustin

Number: 19

Course: 27.00 km

Brockenlauf

Category:

Frauen W35

Total time: 2:14:57

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 71 (of 403)

Rank in course/Women: 2 (of 48)

Best time in course: 2:13:18

Rank in category: 1(of 11)

Best time in the category: 2:14:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Hermannsklippe	9.00	52:13	5:48	2	0:03	5	1:40	9.00	52:13	5:48	1	-	26
Brocken	3.00	25:26	8:28	1	-	2	0:26	12.00	1:17:39	6:28	1	-	26
Finish	15.00	57:18	3:49	1	-	1	-	27.00	2:14:57	4:59	1	-	2 1:39