



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Horst, Clement

Club: LG Baderborn

Number: 408

Course: 27.00 km

Brockenlauf

Category:

Männer M70

Total time: 2:16:16

Speed: 11.89 km/h

Running performance: 5:03 min/km

Rank in course/Total: 73 (of 403)

Rank in course/Men: 71 (of 355)

Best time in course: 1:44:00

Rank in category: 1(of 5)

Best time in the category: 2:16:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	52:13	5:48	1	-	90	13:05	9.00	52:13	5:48	1	-	71	13:05
Brocken	3.00	26:38	8:52	1	-	113	7:51	12.00	1:18:51	6:34	1	-	71	20:29
Finish	15.00	57:25	3:49	1	-	57	11:47	27.00	2:16:16	5:02	1	-	71	32:16