



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Liebethuth, Horst

Club: Liebethuth Business&P.Coaching
Number: 213

Course: 27.00 km
Brockenlauf

Category:
Männer M45

Total time: 2:18:34

Speed: 11.69 km/h
Running performance: 5:08 min/km

Rank in course/Total: 83 (of 403)

Rank in course/Men: 81 (of 355)

Best time in course: 1:44:00

Rank in category: 25(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	50:51	5:39	21	8:45	69	11:43	9.00	50:51	5:39	92		64	11:43
Brocken	3.00	25:45	8:35	25	4:48	83	6:58	12.00	1:16:36	6:22	92		81	18:14
Finish	15.00	1:01:58	4:07	36	14:42	118	16:20	27.00	2:18:34	5:07	25	28:15	81	34:34