



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Krawitz, Bernd

Club: MTV 48 Hildesheim

Number: 402

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:18:39

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 86 (of 403)

Rank in course/Men: 84 (of 355)

Best time in course: 1:44:00

Rank in category: 26(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	51:39	5:44	26	9:33	82	12:31	9.00	51:39	5:44	91			84	12:31
Brocken	3.00	25:25	8:28	20	4:28	73	6:38	12.00	1:17:04	6:25	56			55	18:42
Finish	15.00	1:01:35	4:06	35	14:19	114	15:57	27.00	2:18:39	5:08	26	28:20		84	34:39