



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

Schmitz, Christian

Club: Halle

Number: 125

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:18:40

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 87 (of 403)

Rank in course/Men: 85 (of 355)

Best time in course: 1:44:00

Rank in category: 27(of 92)

Best time in the category: 1:50:19

### Intermediate times

### Stage score

### Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |       |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|
|                |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |       |
| Hermannsklippe | 9.00        | 50:26         | 5:36            | 18          | 8:20           | 63          | 11:18         | 9.00          | 50:26         | 5:36            | 90          |                |            | 85            | 11:18 |
| Brocken        | 3.00        | 27:23         | 9:07            | 45          | 6:26           | 141         | 8:36          | 12.00         | 1:17:49       | 6:29            | 74          |                |            | 85            | 19:27 |
| Finish         | 15.00       | 1:00:51       | 4:03            | 30          | 13:35          | 94          | 15:13         | 27.00         | 2:18:40       | 5:08            | 27          | 28:21          |            | 85            | 34:40 |