



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Pohley, Hagen

Club: Patchrunners

Number: 253

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:18:56

Speed: 11.66 km/h

Running performance: 5:09 min/km

Rank in course/Total: 91 (of 403)

Rank in course/Men: 89 (of 355)

Best time in course: 1:44:00

Rank in category: 20(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	52:53	5:52	21	13:45	108	13:45	9.00	52:53	5:52	51			89	13:45
Brocken	3.00	26:23	8:47	23	7:09	106	7:36	12.00	1:19:16	6:36	51			89	20:54
Finish	15.00	59:40	3:58	18	14:02	81	14:02	27.00	2:18:56	5:08	20	34:56		89	34:56