



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Sary, Dieter

Club: Harz-Gebirgslauf Wernigerode

Number: 135

Course: 27.00 km

Brockenlauf

Category:

Männer M50

Total time: 2:19:02

Speed: 11.65 km/h

Running performance: 5:09 min/km

Rank in course/Total: 93 (of 403)

Rank in course/Men: 91 (of 355)

Best time in course: 1:44:00

Rank in category: 10(of 54)

Best time in the category: 2:08:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	53:58	5:59	16	6:17	130	14:50	9.00	53:58	5:59	37			91	14:50
Brocken	3.00	27:08	9:02	17	4:35	128	8:21	12.00	1:21:06	6:45	37			91	22:44
Finish	15.00	57:56	3:51	7	1:47	65	12:18	27.00	2:19:02	5:08	10	10:35		91	35:02