



40. Brockenlauf 2010

Ilsenburg / 04.09.2010

Detailed evaluation

Baumgart, Lutz

Club: Brockenlaufv. 1927 Ilsenburg
Number: 50

Course: 27.00 km
Brockenlauf

Category:
Männer M55

Total time: 2:19:38

Speed: 11.60 km/h
Running performance: 5:10 min/km

Rank in course/Total: 101 (of 403)

Rank in course/Men: 99 (of 355)

Best time in course: 1:44:00

Rank in category: 4(of 26)

Best time in the category: 2:04:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Hermannsklippe	9.00	52:41	5:51	4	7:55	99	13:33	9.00	52:41	5:51	23		99	13:33
Brocken	3.00	25:57	8:39	4	2:35	94	7:10	12.00	1:18:38	6:33	23		99	20:16
Finish	15.00	1:01:00	4:03	4	7:12	98	15:22	27.00	2:19:38	5:10	4	14:58	99	35:38