



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Ungrad, Christian

Club: Goslar

Number: 357

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:20:02

Speed: 11.57 km/h

Running performance: 5:11 min/km

Rank in course/Total: 103 (of 403)

Rank in course/Men: 101 (of 355)

Best time in course: 1:44:00

Rank in category: 22(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	51:19	5:42	17	12:11	76	12:11	9.00	51:19	5:42	48			73	12:11
Brocken	3.00	26:07	8:42	21	6:53	99	7:20	12.00	1:17:26	6:27	53			87	19:04
Finish	15.00	1:02:36	4:10	29	16:58	129	16:58	27.00	2:20:02	5:11	22	36:02		101	36:02