



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Bardehle, Lutz

Club: VfB Salzkotten

Number: 321

Course: 27.00 km

Brockenlauf

Category:

Männer M40

Total time: 2:21:20

Speed: 11.46 km/h

Running performance: 5:14 min/km

Rank in course/Total: 110 (of 403)

Rank in course/Men: 107 (of 355)

Best time in course: 1:44:00

Rank in category: 25(of 61)

Best time in the category: 1:44:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	53:20	5:55	24	14:12	117	14:12	9.00	53:20	5:55	56		107	14:12
Brocken	3.00	26:00	8:39	19	6:46	96	7:13	12.00	1:19:20	6:36	41		57	20:58
Finish	15.00	1:02:00	4:08	28	16:22	120	16:22	27.00	2:21:20	5:14	25	37:20	107	37:20