



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Kassel, Klaus

Club: West Coast Athletic Club

Number: 339

Course: 27.00 km

Brockenlauf

Category:

Männer M55

Total time: 2:22:30

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 119 (of 403)

Rank in course/Men: 114 (of 355)

Best time in course: 1:44:00

Rank in category: 5(of 26)

Best time in the category: 2:04:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	54:23	6:02	5	9:37	138	15:15	9.00	54:23	6:02	22		114	15:15
Brocken	3.00	26:14	8:44	5	2:52	101	7:27	12.00	1:20:37	6:43	22		114	22:15
Finish	15.00	1:01:53	4:07	5	8:05	116	16:15	27.00	2:22:30	5:16	5	17:50	114	38:30