



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Pulvermüller, Christian

Club: Pulvis Fitness

Number: 383

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:23:19

Speed: 11.30 km/h

Running performance: 5:19 min/km

Rank in course/Total: 126 (of 403)

Rank in course/Men: 120 (of 355)

Best time in course: 1:44:00

Rank in category: 41(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	56:13	6:14	61	14:07	181	17:05	9.00	56:13	6:14	76	1:27	120	17:05
Brocken	3.00	26:43	8:54	40	5:46	116	7:56	12.00	1:22:56	6:54	76	0:32	120	24:34
Finish	15.00	1:00:23	4:01	26	13:07	84	14:45	27.00	2:23:19	5:18	41	33:00	120	39:19