



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Strotmann, Dirk

Club: Berlin
Number: 179

Course: 27.00 km
Brockenlauf

Category:
Männer M50

Total time: 2:23:51

Speed: 11.26 km/h
Running performance: 5:20 min/km

Rank in course/Total: 133 (of 403)

Rank in course/Men: 127 (of 355)

Best time in course: 1:44:00

Rank in category: 19(of 54)

Best time in the category: 2:08:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	51:18	5:41	7	3:37	75	12:10	9.00	51:18	5:41	46		127	12:10
Brocken	3.00	27:26	9:08	18	4:53	142	8:39	12.00	1:18:44	6:33	46		127	20:22
Finish	15.00	1:05:07	4:20	26	8:58	172	19:29	27.00	2:23:51	5:19	19	15:24	127	39:51