



## 40. Brockenlauf 2010

Ilseburg / 04.09.2010

### Detailed evaluation

Schade, Andreas

Club: Gesundheitszentrum Ascherslebe

Number: 114

Course: 27.00 km

Brockenlauf

Category:

Männer M30

Total time: 2:24:13

Speed: 11.23 km/h

Running performance: 5:20 min/km

Rank in course/Total: 135 (of 403)

Rank in course/Men: 129 (of 355)

Best time in course: 1:44:00

Rank in category: 9(of 22)

Best time in the category: 1:49:23

### Intermediate times

### Stage score

### Total ranking

| Control        | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|----------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Hermannsklippe | 9.00        | 54:42         | 6:04            | 10          | 15:33          | 144        | 15:34         | 9.00        | 54:42         | 6:04            | 15          |                | 123        | 15:34         |
| Brocken        | 3.00        | 27:38         | 9:12            | 12          | 8:07           | 145        | 8:51          | 12.00       | 1:22:20       | 6:51            | 15          |                | 129        | 23:58         |
| Finish         | 15.00       | 1:01:53       | 4:07            | 9           | 11:10          | 116        | 16:15         | 27.00       | 2:24:13       | 5:20            | 9           | 34:50          | 129        | 40:13         |