



# 40. Brockenlauf 2010

Ilseburg / 04.09.2010

## Detailed evaluation

**Hecht, Stephen**

Club: LG Gross Flottbek

Number: 203

Course: 27.00 km

Brockenlauf

Category:

Männer M35

Total time: 2:24:50

Speed: 11.19 km/h

Running performance: 5:22 min/km

Rank in course/Total: 140 (of 403)

Rank in course/Men: 134 (of 355)

Best time in course: 1:44:00

Rank in category: 13(of 39)

Best time in the category: 1:46:59

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Hermannsklippe	9.00	56:15	6:15	20	16:10	183	17:07	9.00	56:15	6:15	33			134	17:07
Brocken	3.00	26:27	8:48	11	7:01	108	7:40	12.00	1:22:42	6:53	33			134	24:20
Finish	15.00	1:02:08	4:08	15	14:40	124	16:30	27.00	2:24:50	5:21	13	37:51		134	40:50