



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Tebbe, Andreas

Club: Neuenhagen

Number: 364

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:26:26

Speed: 11.06 km/h

Running performance: 5:25 min/km

Rank in course/Total: 157 (of 403)

Rank in course/Men: 150 (of 355)

Best time in course: 1:44:00

Rank in category: 49(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	53:12	5:54	38	11:06	115	14:04	9.00	53:12	5:54	22		150	14:04
Brocken	3.00	28:03	9:20	52	7:06	158	9:16	12.00	1:21:15	6:46	22		150	22:53
Finish	15.00	1:05:11	4:20	54	17:55	173	19:33	27.00	2:26:26	5:25	49	36:07	150	42:26