



40. Brockenlauf 2010

Ilseburg / 04.09.2010

Detailed evaluation

Höfer, Dietmar

Club: Eisenach

Number: 100

Course: 27.00 km

Brockenlauf

Category:

Männer M45

Total time: 2:27:30

Speed: 10.98 km/h

Running performance: 5:28 min/km

Rank in course/Total: 168 (of 403)

Rank in course/Men: 160 (of 355)

Best time in course: 1:44:00

Rank in category: 51(of 92)

Best time in the category: 1:50:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hermannsklippe	9.00	53:58	5:59	44	11:52	130	14:50	9.00	53:58	5:59	20		91	14:50
Brocken	3.00	28:40	9:33	60	7:43	184	9:53	12.00	1:22:38	6:53	20	0:14	160	24:16
Finish	15.00	1:04:52	4:19	50	17:36	166	19:14	27.00	2:27:30	5:27	51	37:11	160	43:30